



Germ, bugs, micro organisms mutate, multiply and become resistant to traditional methods of hygiene. Oxygen is the only natural element, used and needed by the body that provides a safe yet extremely efficient medium that can provide a super advanced detox.

Oxygen is:-
Anti-Septic, Anti-Bacterial, Anti-Fungal & Anti-Viral

And on top of all that is fundamental for the health and well-being of the human body as a whole, and is the most natural element/ingredient there is. The problem traditionally has been that oxygen, whilst being a potent and powerful bacteria buster, is also very volatile and uncontrollable. That was, however, before Dr Paul Herzog (founder of the world's first artificial respirator and recipient of a prestigious award from the Nobel Institute) became the world's first and, to date, only scientist to effectively tame and stabilise pure oxygen, locking this potent gas and all its raw power into a cream that is as simple to apply as any traditional moisturiser, but with major health benefits and visible/instant and dramatic effect on the skin.

Healing by Pampering with Karin Herzog

Dr Herzog's world beating and patented formulas are now available through professional salons and spas exclusively via the Karin Herzog range:

Research has suggested that as much as 90% of all the diseases we contract and spread are actually caused by millions of bacteria and germs, each and every one of us carry around on our bodies, day in – day out.

The skin is the largest organ of the body and is constantly bombarded by micro organisms from the environment around us. Most of the time, and especially when our immune system is strong and working at full strength, these germs pose little threat to our health and well-being ... but be warned! ... when we find ourselves feeling tired or a little under the weather and our defences are down, these micro organisms are there ready to attack.

The key to a healthy, balanced and energised you, lies in 2 basic principles:-

- 1) Detox effectively, safely and efficiently on a regular basis.
- 2) Keep your immune system stimulated and working at its optimum best.

Detox

We hear this word banded around almost daily, but it's surprising how few of us know exactly why we should detox, especially to benefit our health, or importantly, how to detox. For most, we believe eating a healthier balanced diet with the required 5 portions of fruit and vegetables per day and drinking 8 glasses of water is sufficient.

Sadly, though we should all be following this rule it is not enough all on its own to ensure a really effective detox program. How many of us have been shocked by an illness affecting someone who we know eats healthily and exercises regularly.

The answer lies in a combination of controlling what we eat and drink, and limiting the build up of bacteria within and without the body.

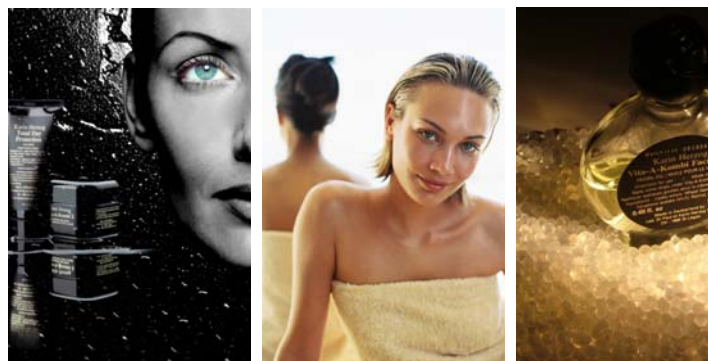
Whilst personal hygiene is important, washing the body daily will not alone be sufficient to destroy the build up of bacteria, especially in those vulnerable, warm areas of the body where we sweat.

Together with advanced medical grade and ancient and proven massage techniques, the professional spa menu from Karin Herzog has proven time after time the very real and advanced results that can be obtained and always clients enjoy the luxuriously calming and soothing effects from the pure hands-on therapies, whilst simultaneously the body is being detoxed and energised to a much greater level.

By applying Herzog's salon strength oxygen formulas, the therapist can ensure that tiny and resistant micro-organisms and bacteria on the skin are destroyed. With every application, the release of pure oxygen from the cream is able to self penetrate the skin, where the raw power of the oxygen is able to continue to detox deep down within the dermis, effecting a spring clean of the tissues and cells whilst creating a surge of raw energy.

The energy triggers accelerated cell renewal and rejuvenation. This heightened activity can last for up to 8 hours, which results in brighter, fresher, firmer and more radiant skin for days after leaving the spa.

Herzog's proven and patented formulas provide spas, therapists and clients with a unique and super efficient detox agent that generates instant and long lasting results that, when combined with good diet, goes further towards a thorough detox than anything else and ultimately has a positive effect on the clients overall health, balance and energy.



"The Best Facials In The World...Marvellous". - **The Times Style Magazine**

"The cult skin-care of a host of Hollywood notable beauties." **Elle Magazine**

"You feel as though you have just completed a ski run, skin tingling, cheeks bright and complexion renewed" - **The Times**

Boosting the Immune System.

It is thought that as many as 90% of us suffer from an impaired lymphatic system: The bodies detox system. Lymph touches every major organ within the body, collecting unwanted organisms in its path and transporting them out of the body. Blockages within the lymph are common place; these obstruct the path of flow and prevent the body from detoxing itself efficiently. Symptoms will manifest as lack of energy and poor circulation, and bacteria will continue to gather and multiply. When left in this state for prolonged periods of time, other internal systems will be effected, especially the immune system. A build up of toxin and bacteria within the body can bombard and overpower the immune system, leaving it exhausted and much impaired. As this continues we are susceptible to all manors of infections and diseases, even more so if the skin has not been thoroughly detoxed and is carrying millions of these micro organisms that have been lying in wait ready to attack when our guard is down.

Karin Herzog provides its authorised therapists with in-depth specialised training in medical grade Manual Lymphatic Drainage Massage.

This works to track the flow of lymph around the body, release blockages and stimulate its free flow around the body. The application of Herzog's patented oxygen cream ensures additional oxygen is able to penetrate the body where it empowers the massage by delivering advanced detox and energising properties to the body as a whole, and ensures that any Karin Herzog detox program guarantees advanced results without the need for any mechanical intervention.

Herzog offers specialised and advanced facials that are truly holistic in approach, treating the face **through** the body. The lymph massage is performed first to stimulate and unblock the system, before specific massage techniques and oxygen therapy is applied to the face. Instantly the face is lifted, skin is brighter and the complexion renewed, making these facials remarkable anti-ageing treatments. The real difference and staggering results, however, are affected on problematic, break-out acne prone skins. For the first time these skins, that suffer from toxic over-load, are detoxed gently but efficiently, and the entire body is pre-cleansed internally to allow the lymph to transport the bacteria out and away from the body.

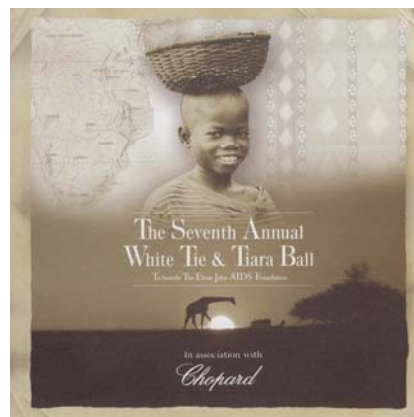
Improving, boosting and stimulating the immune system will have an amazing and long term benefit on the health and well-being of the client. Energy and concentration levels will increase, as Normal bodily functions are restored and stimulated. General healing and renewal will be heightened, and the body as a whole will function far more efficiently.



"Herzog's cream has achieved cult status in the US, and boasts a repurchase rate of 98 per cent, with most regular users claiming they no longer need a foundation" - **Marie Claire**

"...an increased collagen production and a far more radiant complexion" - **Tatler**

"Without a doubt the best facial I have ever had. My skin was glowing for days" - **Lisa Palta, Editor for OK! Magazine**



By personal invitation, Julie Cichocki led her team to provide pampering for special guests at the Elton John 7th Annual White Tie & Tiara Ball

Other Healing Therapies from Karin Herzog

Having such an amazing and unique formula allows the professional and dedicated team of experts at Karin Herzog to develop breathtaking therapies with guaranteed advanced results.

By delivering oxygen and water to the skin and down into the body as the product self penetrates, Herzog is able to energise, detox, accelerate healing and promote well-being like no other range. Julie Cichocki, M.D. of Karin Herzog UK and global treatment developer for the brand explains:-

'Having such a unique, efficient and powerful formula that works with the client's body by energising and detoxing, thus empowering most of the bodies systems gives us a superb vantage point. We know how efficient and hard working our products are to detox, energise and heal. What we then do is work with international doctors and practitioners to develop complete treatment techniques and systems that work logically and effectively to support our products and provide us with a unique and highly effective dual approach to health and well-being. We work from **outside in and inside out** and always with no mechanical intervention. By understanding our products, their effect on the client and by having a greater knowledge of how the body works, we have been able to develop truly spectacular treatments. We have a program specifically written for spas that use medical lymph massage, Balinese, Thai and Lomi-Lomi massages and more recently ancient Himalayan massage techniques. All these therapies, when combined with Paul Herzog's amazing scientific breakthrough in pure oxygen therapy, are the key to why our treatments are reported by the worlds leading beauty press as "The best treatments you can get". We welcome any one and everyone to try a Herzog treatment since experience dictates that it is an experience all are certain to want to repeat".

With high profile celebrity clients and endorsements and the support and praise of beauty journalists internationally, the Karin Herzog Spa Excellence program of luxurious yet effective treatments really does offer **enhanced healing through pampering.**

Karin  Herzog

www.karinherzog.co.uk